

Treating Patients with Haemophilia and Related Congenital Bleeding Disorders

When people with haemophilia and defined bleeding disorders present for treatment outside Haemophilia Treatment Centres

it is likely to be an **EMERGENCY.**

Contact the haematologist on call or haematology registrar at an Haemophilia Treatment Centre listed below.

- **AUSTRALIAN CAPITAL TERRITORY**
The Canberra Hospital, Garran 02 6244 2222
- **NEW SOUTH WALES**
Royal Prince Alfred Hospital, Camperdown 02 9515 7013
The Children's Hospital at Westmead, Westmead 02 9845 0000
Newcastle Mater Misericordiae Hospital, Waratah 02 4921 1211
Prince of Wales Hospital, Randwick 02 9382 2222
Sydney Children's Hospital, Randwick 02 9382 1111
- **NORTHERN TERRITORY**
Royal Darwin Hospital, Tiwi 08 8922 8888
- **QUEENSLAND**
Royal Brisbane Hospital, Herston 07 3636 5727
Royal Children's Hospital, Herston 07 3636 3777
- **SOUTH AUSTRALIA**
Royal Adelaide Hospital, Adelaide 08 8222 4000
Women's and Children's Hospital, North Adelaide 08 8161 7225
- **TASMANIA**
Royal Hobart Hospital, Hobart 03 6222 8308
- **VICTORIA**
Royal Children's Hospital, Parkville 03 9345 5099
The Alfred Hospital, Prahran 03 9276 2178
- **WESTERN AUSTRALIA**
Fremantle Hospital, Fremantle 08 9431 3333
Princess Margaret Hospital for Children, Subiaco 08 9340 8222
Royal Perth Hospital, Perth 08 9224 2244

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• Website: www.haemophilia.org.au

- **PROMPT ATTENTION** is required because bleeding can be life or limb threatening.
- **Head, neck, throat and tongue injuries** require **URGENT ATTENTION** and most likely will require hospital admission.
- Significant **head injuries** of a whiplash type or falls on the head require **IMMEDIATE REPLACEMENT THERAPY AND CT SCAN.**

- **Do not wait** for obvious signs or symptoms of bleeding. If in doubt, **TREAT IMMEDIATELY.**
- **Do not undertake any surgical interventions** or medical procedures without **CONSULTATION WITH A HAEMOPHILIA SPECIALIST.**

- **LISTEN to the patients and their families.** They are familiar with the condition and its treatment and eager to help.
- In children and young adults **INQUIRE whether they receive** infusions 2-3 times per week as **PROPHYLAXIS.**
- **Patients on prophylaxis** are just as likely to have a medical condition which **MAY NOT BE RELATED TO A BLEED.**

- Treatment of **haemophilia A** is with the same type of **FACTOR VIII CONCENTRATE** as the patient normally uses. This is either recombinant factor VIII or a plasma derived product. Treatment of patients with **haemophilia B (Christmas Disease)** is with the same type of **FACTOR IX CONCENTRATE** as the patient normally uses.
- Patients with **type 1 von Willebrand disorder** can be treated with **intravenous DDAVP** and this may also be helpful in some patients with **mild haemophilia A.**
- Patients with **severe von Willebrand disorder** or with **type 2 von Willebrand disorder** should be treated with **PLASMA DERIVED factor VIII concentrate.** Recombinant factor VIII concentrates do not contain von Willebrand factor.

- **UNIVERSAL INFECTION CONTROL PROCEDURES** should be followed.
- **Analgesics may be given for pain but aspirin or products containing ASPIRIN MUST BE AVOIDED.**