



Health and wellbeing into the future

– the decade ahead

Haemophilia

- A rare inherited genetic bleeding disorder where blood doesn't clot properly as there is not enough of a protein in the blood (called factor VIII or IX) that controls bleeding
- It's incurable and can be life threatening without treatment
- Treatment can help prevent repeated bleeding into muscles and joints, which causes arthritis and joint problems
- Almost all people with haemophilia are male
- Women can carry the haemophilia gene and pass it on to their children
- Some women also have bleeding problems

Von Willebrand disorder (VWD)

- A bleeding disorder where there is not enough of an essential blood clotting protein (called von Willebrand factor) for blood to clot properly
- Both men and women have VWD

Affected Australians

In Australia there are around 4,400 people with haemophilia, von Willebrand disorder or other related inherited bleeding disorders.