

Re-PEP New Zealand

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History of PEP in New Zealand

- 2007 PEP Train the Trainers in Canberra
- 2008 PEP Programme in Wellington
- 2009 PEP Programme in Christchurch
- 2010 Re-PEP



Re-PEP Objectives:

- To **re-visit** PEP principles and provide a forum for self evaluation
- To further develop parenting skills in order to **re-vitalise** parenting
- To provide a forum for a PEP graduate reunion to **re-new** mutual support networks



Re-PEP Programme:

- Ice Breaker Quiz – designed to re-visit and refresh PEP concepts in a fun way
- Re-cap 10 Sessions of the PEP Programme
- Discussion Questions
 - Which parts of the Programme worked?
 - Which parts of the Programme were most valuable?
 - Which parts of the Programme haven't you used?
 - What has gotten in the way?



Re-PEP Programme:

- **Re-visit World View**
 - Which parts of the Programme worked?
 - Which parts of the Programme were most valuable?
 - Which parts of the Programme haven't you used?
 - What has gotten in the way?
- **Review of Parenting Styles**
 - Opportunity to role play various parenting styles
 - Opportunity to reassess personal parenting style



Re-PEP Programme:

- **Opportunity to Re-visit and Re-write Blueprint**
 - What has changed for the child?
 - What is the next Step in achieving the Blueprint?
- **Opportunity to Re-visit and Re-write Action Plan**
 - What Action Points are necessary now?
- **Opportunity to Re-visit and Re-write Goals for Selves**
 - What new parenting behaviours should be adopted ?
 - What Goals do you set for yourself?



Re-PEP Programme:

- **Brainstorm future of PEP in New Zealand**
 - PEP Train the Trainers
 - PEP Talk in 'Bloodline' Magazine
 - Regular reminders of PEP Concepts
 - PEP Brochure for New Zealand



Conclusions:

- **Re-PEP helped participants to fulfil the goals they had set for themselves.**
 - Helped them realise that those set for family had been achieved sub-consciously
- **Participants felt guided to empower their children to be honest, independent and self-reliant people**
 - Able to make sensible and well-thought out choices for their own safety, wellbeing and wider community
- **All would recommend PEP**



Excerpts from Evaluation Forms:



"I feel empowered, supported and no longer isolated"



"I have a deeper connection with some special members from the Foundation from throughout NZ"



"I learnt a lot about myself and how to be a better parent"



Since Re-PEP:

- 2011 - PEP Train the Trainers – Auckland
 - 4 Outreach Workers trained
 - 4 Parents trained
 - 2 Haemophilia Nurses trained
- PEP Brochure for New Zealand developed



What's Next?

- 2012 PEP Programme – Auckland
 - New Social Workers
 - New Parent Trainers
 - Haemophilia Nurse



The End:

**Thank you for your attendance
Please contact me should your require further
information**

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