

THIRTY YEARS EXPERIENCE OF JOINT REPLACEMENTS IN PATIENTS WITH BLEEDING DISORDER IN SOUTH AUSTRALIA

SA Adult Haemophilia Treatment Centre
SA Pathology, Royal Adelaide Hospital

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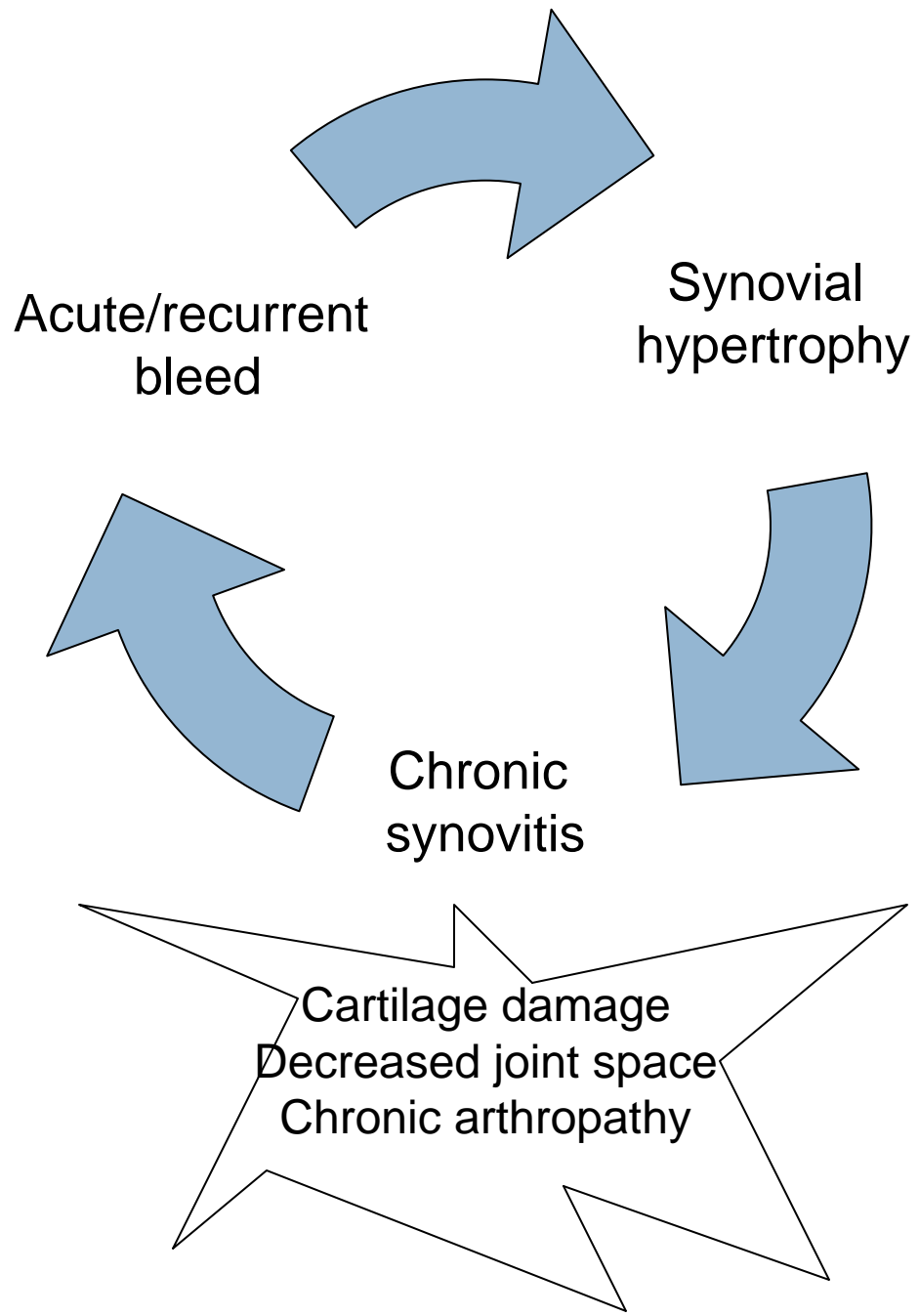
SA Adult HTC – Royal Adelaide Hospital

	18-29	30-39	40-49	50-59	60-69	70+	Total
Severe	10	2	5	4	4	2	27
Moderate	4	7	4	12	7	3	37
Mild	7	21	14	12	8	13	75

- Total adult Haemophilia A : 139
 - ▣ 27/139 (19%) severe, 27% moderate
 - ▣ 27% of total > 60yo (11% - severe/moderate phenotype)
- Haemophilia B – 29 (3 severe, 4 moderate, 22 mild)
- VWD – 134

Joint replacements in patients with bleeding disorder

- SA Adult HTC experience in joint replacement
 - Only joint replacements or revisions
 - How we prepare and support
- Snapshot of last 30 years 1980-2009
 - No and type of joint replacements
 - Factor VIII usage
- Complications

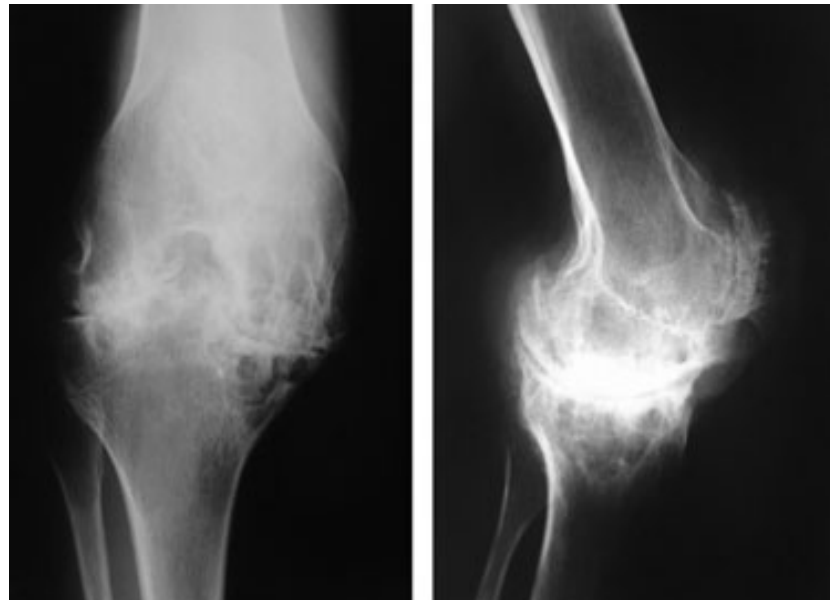




- Medical – treat bleeds, consider prolonged secondary prophylaxis
- Analgesia – paracetamol, oxycodone
- Multidisciplinary review
- Yttrium synovectomy
- Surgical synovectomy

Osteoarthritis

- Loss of function
- Chronic pain
- Arthroplasty



Patient:
DOB:
UR Number:
Weight: 60
Blood group: O

REFACTO HALF LIFE STUDY

Date: 11/8/2007
Product Infused: REFACTO
Time of infusion: 0900
Dose: 1500 units

Plasma Volume est. 3000 ml
Distribution Volume: 3400 ML

Hours POST-REFACTO	VIII:C(1-st)	FVIII-chr
0	0.01	0.01
1	0.47	0.52
3	0.39	0.42
5	0.35	0.34
7	0.28	0.3
24	0.13	0.12
30	0.08	0.08

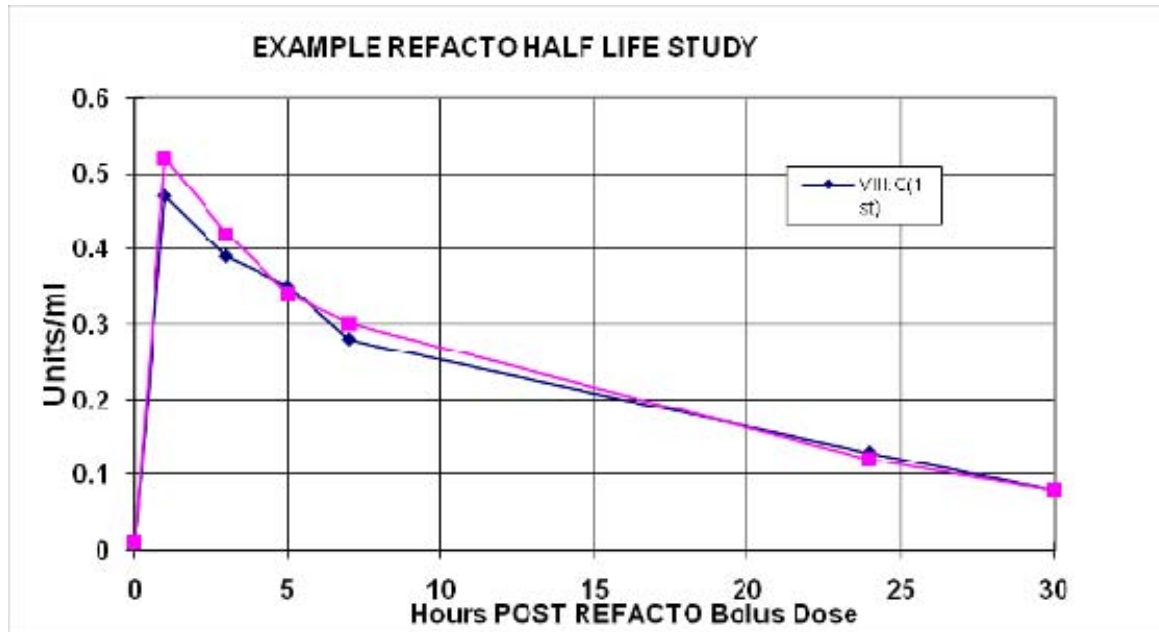
Half life: 13 HR
Recovery: 94%

1-stage and FVIII-chr assays calculated against **Refacto** standard.

Calculations based on 1-stage data.

For 100% recovery, expected increment 0.50 iu/ml.
 Actual increment = 0.47 iu/ml. at 1 hr

Therefore, recovery = $[0.47/0.50] \times 100 = 94\%$.



Treatment Protocol



- Individualised dose, FVIII continuous infusion/boluses
 - ▣ eg. Severe – continuous infusion for 5-7d; up to 3 weeks to 1 month
 - ▣ Dose calculator
- Define target FVIII, FVIII monitoring
- Co-ordination on day of surgery is crucial
- Close co-operation between haemophilia and orthopaedic teams for best patient outcomes

Monday		0900		Start continuous infusion	4000 u/27 hr (TPF)
		0930		Surgery	
		1030		Assay in theatre	
		1230		Assay post-theatre	
		1400		Post-op bolus	1500 u
		1430		Assay	
		1600		Assay	
1/04/2009	1	0900	1.0	Assay	
Tuesday		0900		Continue infusion	3500 u/24hr (TPF)
		1400		Assay	
1/04/2009	2	0900	1.0	Assay	
Wednesday		0900		Continue infusion	3000 u/24hr (TPF)
		1400		Assay	
1/04/2009	3	0900	0.80	Assay	
Thursday		1000		Continue infusion	3000 u/24hr (TPF)
		1400		Assay	
1/04/2009	4	0830	0.80	Assay	
Friday		1000		Bolus	1500 u
		2100		Bolus	1500 u
1/04/2009	5	0830	0.75	Assay	
Saturday		0900		Bolus	1500 u
		2100		Bolus	1500 u
1/04/2009	6	0900		Bolus	1000 u
Sunday		2100		Bolus	1000 u
1/04/2009	7	0830	0.60	Assay	
Monday		0900		Bolus	1000 u
		2100		Bolus	1000 u

- Usually discharged on day 10
- d11-21, target FVIII 20%; 22-31:10% (severe)
- In mild haemophilia, treat only till d21

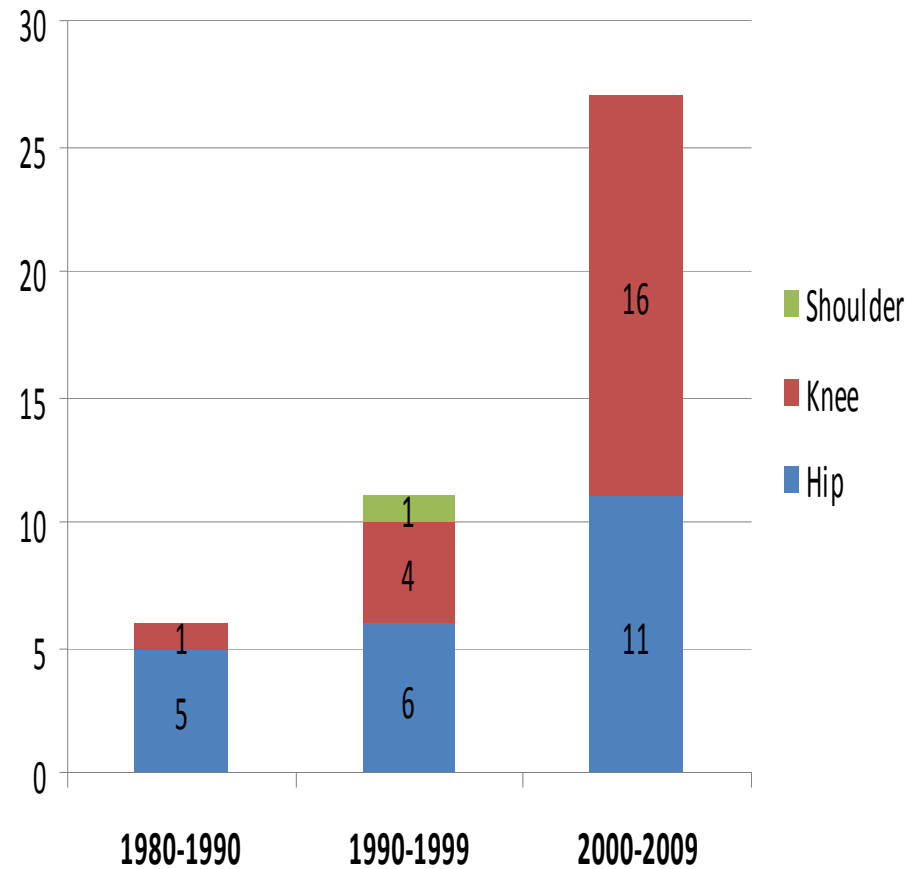
Venous thromboprophylaxis



- Usually not used in severe/moderate haemophilia patients
- Should be considered in mild phenotype and carriers
- VWD – standard VTE prophylaxis starts 24 hours after surgery once FVIII/VWF at target level; stop when off factor replacement

From 1980...to April 2009

Year	Hip	Knee	Shoulder
1980-1990	5	1	
1990-1999	6	4	1
2000	2	3	
2001	1	1	
2002	2	1	
2003	1	1	
2004	0	3	
2005	0	1	
2006	0	1	
2007	1	3	
2008	2	0	
2009	2	2	
TOTAL	22	21	1



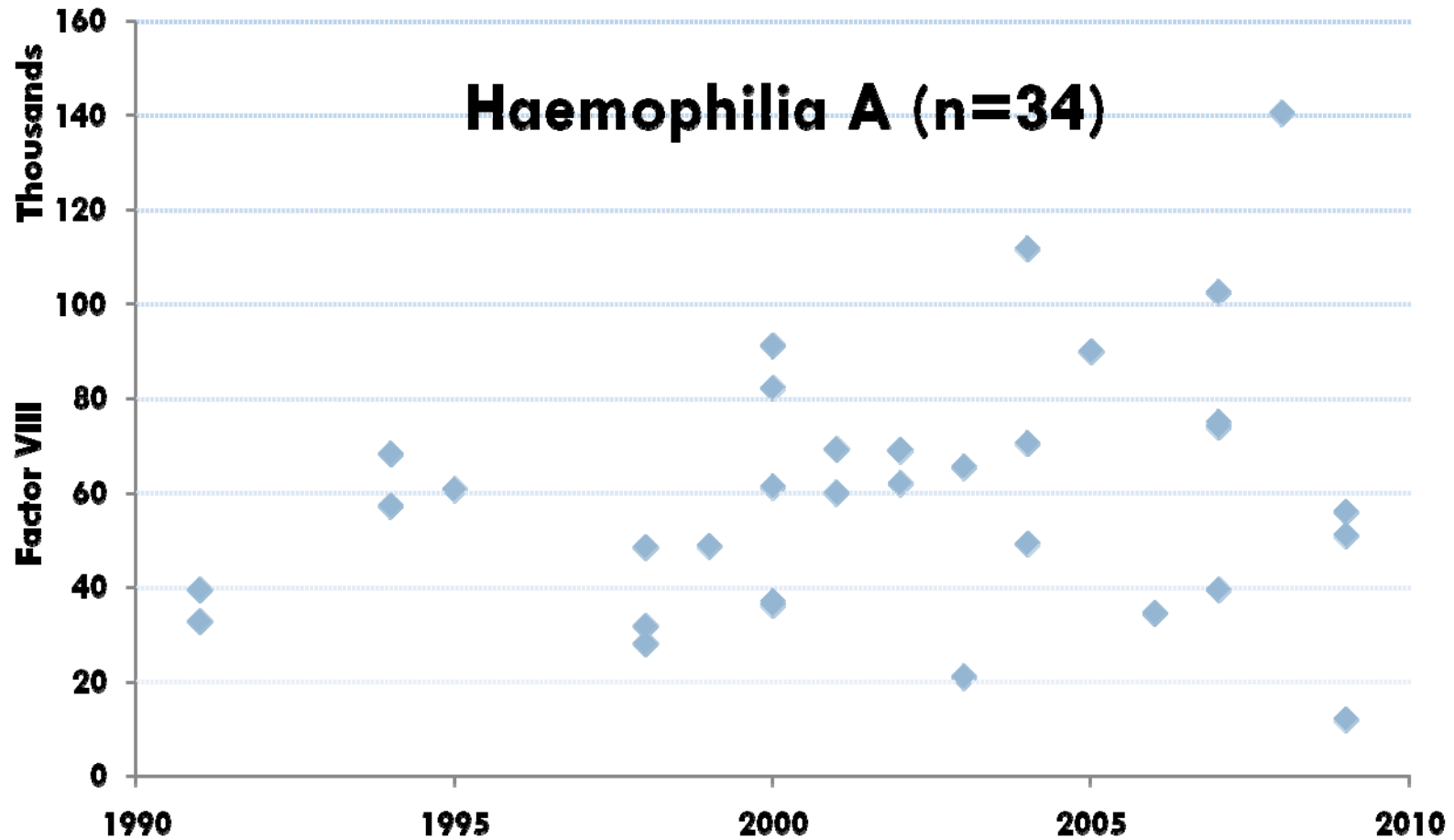
1980-April 2009

- 44 total joint replacements – 41 (93%) in HA; 1 mild HB and 2 VWD
- 32/44 (72%) in 12 severe HA
- 8 joint revisions (4 to 11 years)
- Median age 55yo, Range 35-83
- 41 surgeries in RAH, 3 in private sector – mild haemophilia A, carrier & mild type 1 VWD

Factor Concentrates

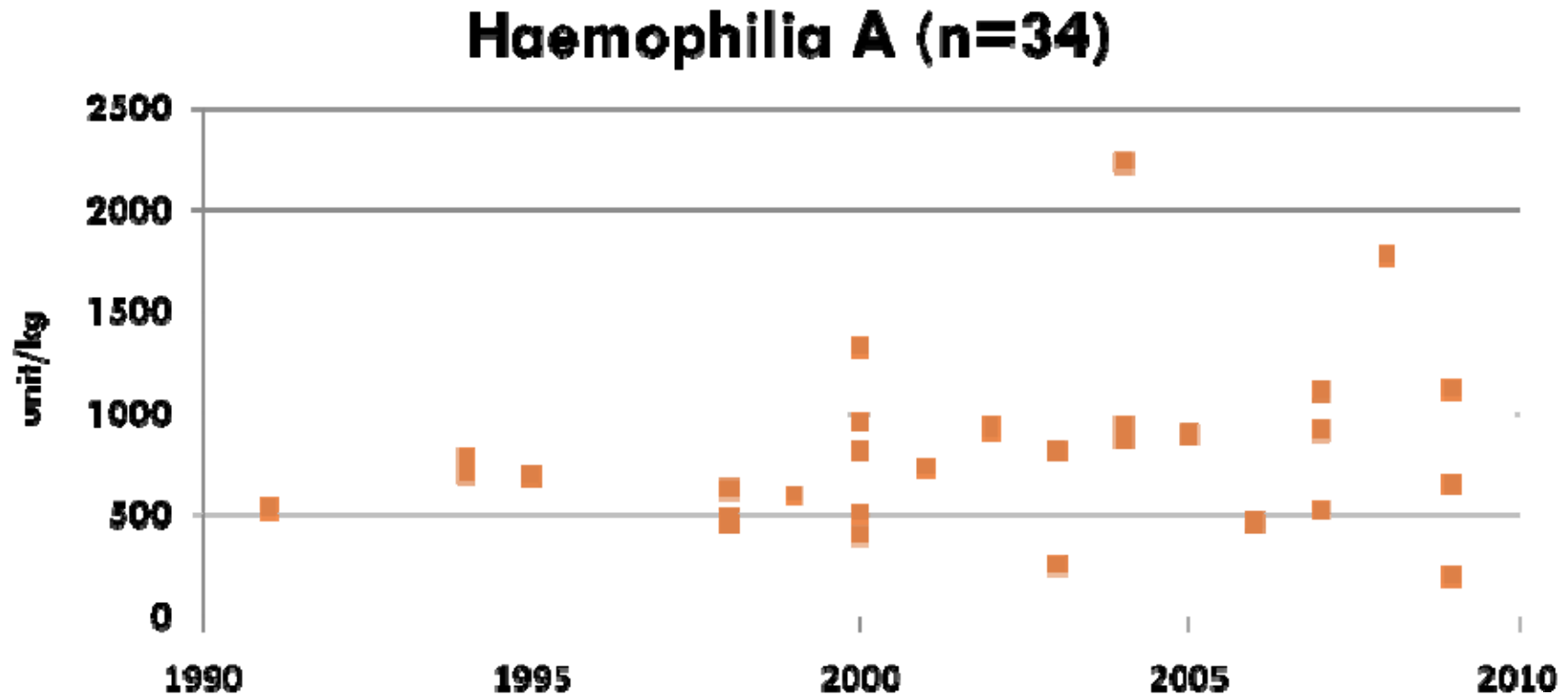
Year	Product	No (total 41 HA)
Before 1989	cryoprecipitate	>2
1987-2006	AHF(pd)	25
Since 2003	BIOSTATE (pd)	4
2000-2007	RECOMBINATE	3
Since 2007	ADVATE	6
2009	REFACTO	1

- Haemophilia B - Monofix
- VWD – Biostate and DDAVP



- Median FVIII 54,500 +/- 21,680 (12,000 to 91,250)
- include carrier, exclude 3 patients >100,000unit
 - ▣ Possible inhibitor, extensive revision & HCV coagulopathy

Median FVIII – 836 unit/kg



- Prophylaxis dose 30unit/kg three times a week
- Estimated annual FVIII = $90 \times 52 = 4,680$ unit/kg

Complications

- Early complications
 - ▣ Fracture hip prosthesis after 4 years, infected revision
 - ▣ Hip prosthesis infected with staph epidermidis removed, NWB 1 year
 - ▣ Proteus wound infection
- VTE : HA carrier (28% FVIII, day 6 PE, calf vein thrombosis)
 - ▣ DDAVP, FVIII, tranexamic acid, >>14d Rx LMWH

Late joint complications

- Hip : capsule damage and infected, 10 years post arthroplasty
- Knee (2004): septic from central line infection, wrist



Orthopaedic team

Physiotherapist



FACTOR CONC

Haemostasis
Lab

Haemophilia team


Patient & family

Acknowledgements



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- Data manager - Kathryn Van Diemen
- Orthopaedic surgeon - Mr Teague

2004-current	Joints	Product	Year	Unit
SEVERE	R TKR	Biostate	2004	111750
SEVERE	R TKR	Biostate	2004	70500
SEVERE	Left TKR	Biostate	2004	49250
SEVERE	R TKR	Recombinate	2005	90000
SEVERE	R TKR	AHF	2006	34500
MILD	L TKR	Advate	2007	74000
SEVERE	Rev R Hip & bone graft	Advate	2007	102500
SEVERE	RevisionRight TKR	Recombinate	2007	75000
MILD	L TKR	Advate	2007	39500
SEVERE	R THR	Advate	2008	140500
VWD-1	Hip replacement	DDAVP	2008	0
MILD	Left THR	Advate	2009	51000
SEVERE	Right THR	Refacto	2009	56000
HA Carrier	Left TKR	Advate	2009	12000
VWD-2M	R TKR	Biostate	2009	10000
SEVERE	R ankle replacement	Refacto	2009	*56000
MILD	R TKR	Advate	2009	*40000
VWD-2M	R THR	Biostate	2009	*4500

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- 6 patients had bilateral knee replacements
 - Only 1 dual-joint replacement (hip and knee)
 - Since April, 3 additional arthroplasty – ankle, hip and knee, total of 7 joint replacements (3H, 3K, 1 ankle)

 - 1 patient had 6 surgeries in 30 years, bilateral hip and knee replacements and revision of hip & knee (first surgery aged 39, now 60)
 - 72 yo patient had 6 surgeries for 4 joints/revision (first hip arthroplasty at 55 – 2 knees and 1 hip)