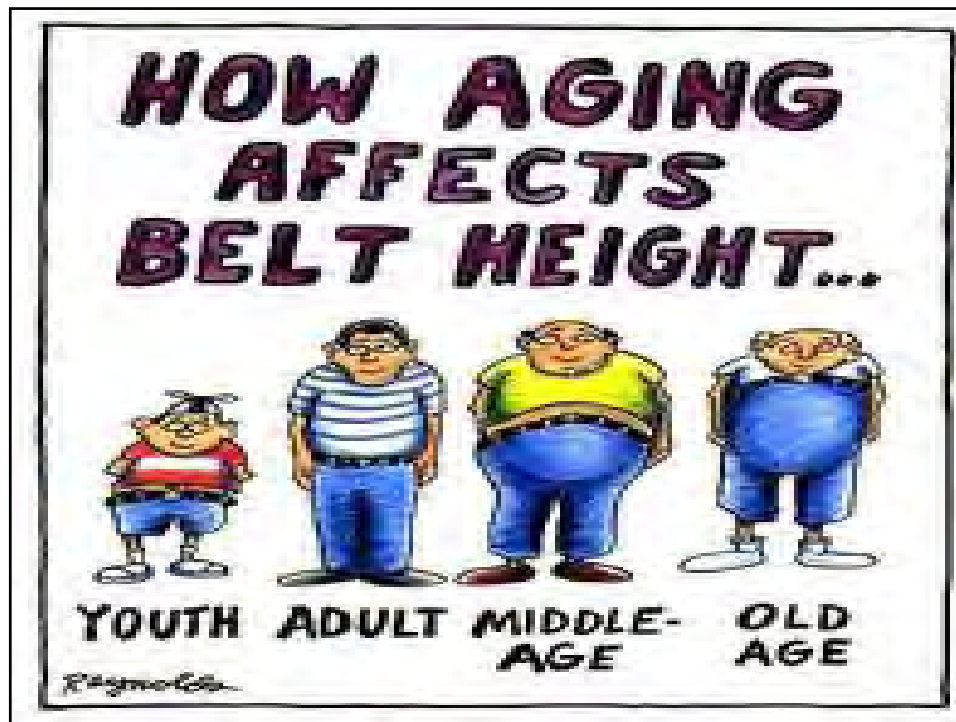


Transitions:
Becoming an Adult

16th Australian and New
Zealand Haemophilia Conference
21-10-2011
Novotel
Sydney Olympic Park

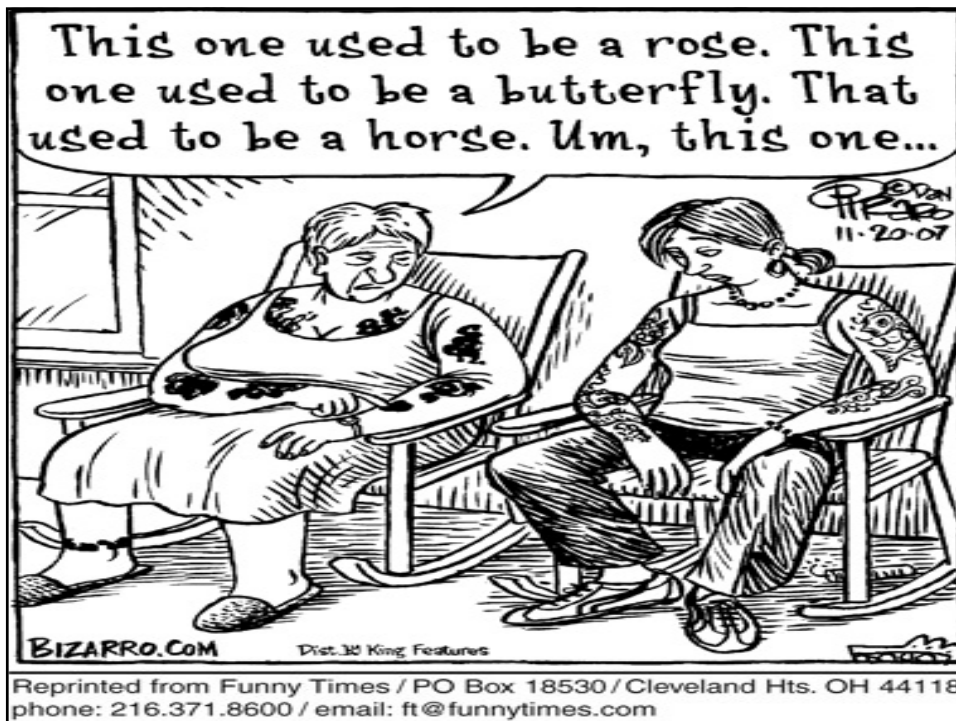
We will be looking at a range of
related topics including:

- Qld - How we currently manage Transition
- WA - The Transition Study
- Panel Discussion





So many exciting decisions to make!





Transitioning in Queensland

From Teddy Bears to Apprenticeships

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Dr Desdemona Chong
and
Maureen Spilsbury



Qld Haemophilia Centre
Royal Children's Hospital
and
Royal Brisbane & Women's
Hospital

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Qld Haemophilia Centre Adults and Paediatric teams (plus additional physio and psychologist)



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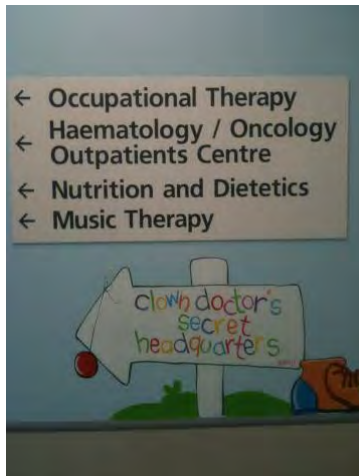
RCH Team



- RCH team**
- **Clinical Nurse Consultant**
 - **Haematologist (2)**
 - **Registrar**
 - **Psychologist**
 - **Physiotherapist**

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Warm and Fuzzy!



RCH Day therapy and Outpatients ward



Inpatient Ward



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Defining "Transition"

- "A multi-faceted, active process that attends to the medical, psychosocial, and educational/vocational needs of adolescents as they move from child to adult centred care"

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Stakeholders

- Child/young person
- Parents/ care-givers
- Referring paediatric care team
- Accepting adult care team

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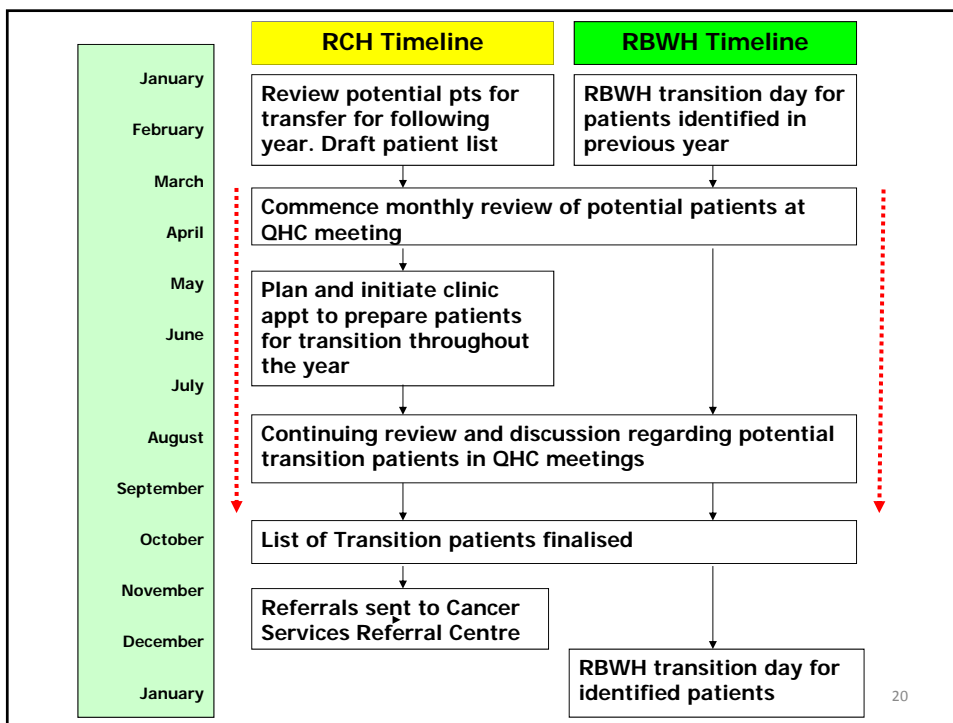
"Dad, when do I stop being a wholly owned subsidiary of you and Mom?"



Transfer

- After finishing year 12 or finding employment
- Timing may vary depending on individual circumstances
- Planning starts early (no later than 12 years old)

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Key Differences

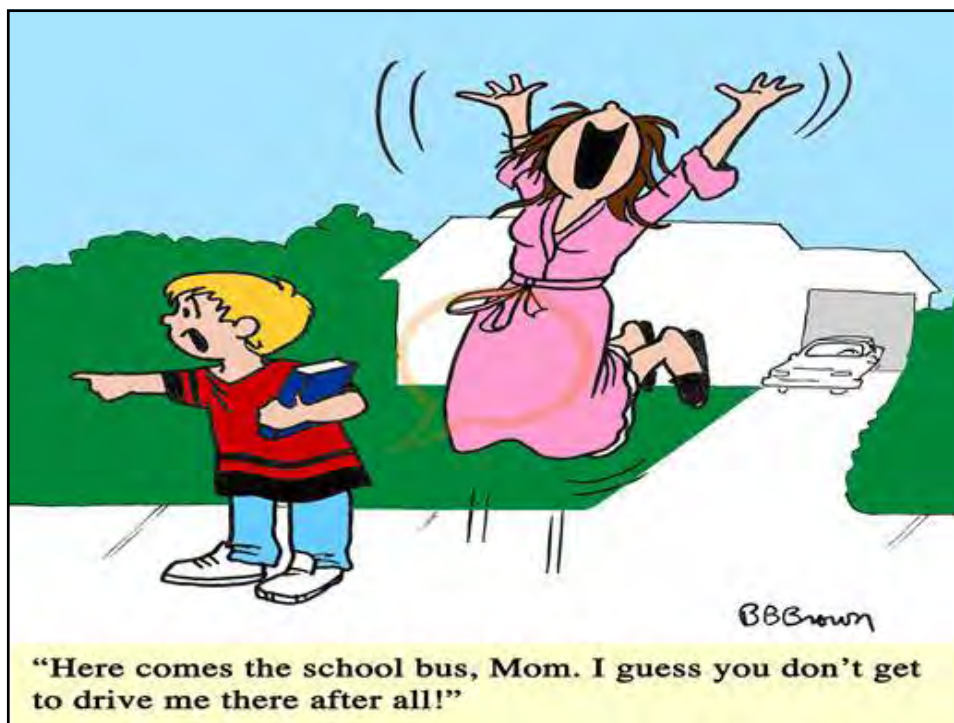
Children - Family-oriented

- Decisions made by parents, with input by young person as team communicates with parents
- Physical environment of hospital is bright and cheery

Adults - Individual-oriented

- Needs to develop self care and advocacy skills
- Team communicates directly with young person who is seen independently
- Physical environment is most often white and sterile

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Challenges for the Young Person

- Developmental issues
- Resistance to transition resulting from anxiety/ fear
- Inability to manage disease/ self-infuse factor
- Poor organisational skills
- Other life issues


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Potential Challenges for the Parent

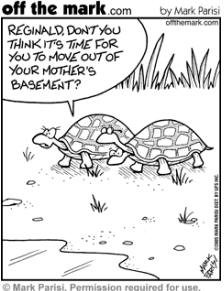
- Difficulty letting go
- Anxiety about adolescent's inability to manage care
- Anxiety about parent's role in adult care
- Anxiety about new medical team, different culture
- Other life issues

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Challenges for the RCH Team

- Difficulty getting some families in for final review.
- Affects quality of referral information to adult service
- Ensuring that the young person/ family is ready for independent care



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RBWH Team

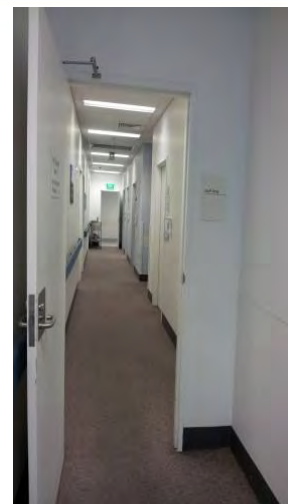
- Clinical Nurse Consultant
- Haematologist
- Psychologist (mainly RCH)
- Social Worker
- Clinical Nurse
- Physiotherapist



Royal Brisbane and Women's Hospital and Royal Children's Hospital - HERSTON COMPLEX



RBWH Day Therapy and Outpatient's Unit



New Doctors!



New nurses!



New Physiotherapists!



"A little more work is needed on your braking Mr Smith!"

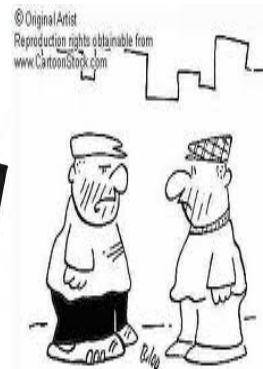


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New Social Workers!



"THIS ONE LOOKS GOOD-- YOU CLIMB TREES AND HUNT FOR BUGS AND GET CHASED BY SOCIAL WORKERS.."



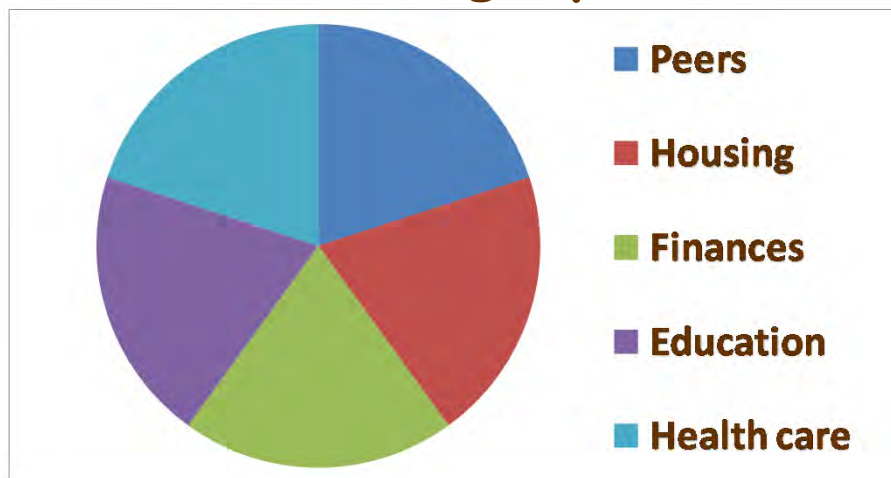
"The police brutality I can take, but those social workers...."

Potential Changes for the Young Person



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Significant Impact of Growing Up



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Challenges across the 2 Haemophilia Teams

- Lack of time to research
- Lack of time to plan
- Lack of time for discussion
- Lack of time to offer support
- Lack of resources

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Potential Challenges in working with the young person

- Self management
- Mobility - housing, mobile ph
- Challenges of adult hospital
- Non-attendance
- Ability to plan
- Risk taking
- First significant bleeds

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Achieving Success in Transition

- Plan and prepare
- Transition Day/Clinic
- Contact between visits including referral
- Maintain confidentiality
- Offer encouragement
- Address issues
- Partnership model-Empower!
- Be patient - "Not One Size"



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THE END!

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