Check your child daily for bleeds

- when changing their nappy or dressing them
- at bath time

Check them after a fall or bump

- Always have the doctor review them if they hit their head

What to look for

*Check all over, particularly their skin, their arms and legs, around their nappy area*

- Big bruises, lumpy bruises
- Swelling
- A muscle or joint that is tight and shiny, warm, swollen, or painful
- One arm or leg is bigger than the other
- Bleeding from the mouth or tongue
- Persistent bleeding after blood tests, immunisations, cuts or breaks to the skin, surgery

What are they doing?

- Favoured one leg or arm
- Not reaching for things with the nearest hand
- Reluctant to straighten an arm or leg or unable to kick
- Limping
- Moving differently
- Difficulty in rolling, crawling, standing, walking
- Unexplained crying or irritability
- Telling you they hurt or are sore
Bleeds in these areas are particularly serious

*Seek medical attention immediately*

**Head, eye, face, neck, throat**
- Not wanting to eat or drink, vomiting
- Headache, irritable, sleepy, unable to wake
- Difficulty swallowing or breathing
- Unsteady, problems with crawling or walking
- Bleeding from ears or nose
- Seizures, fits

**Spinal area**
- Weak, numb, tingling in arms and legs
- Back pain

**Stomach**
- Vomiting or coughing up blood or dark syrupy “coffee grounds”
- Red or brown urine (wee)
- Red or black stools (poo)

This information is for educational purposes only. Always consult your doctor or HTC for assessment and advice about your child’s individual situation before taking action or relying on this information.

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