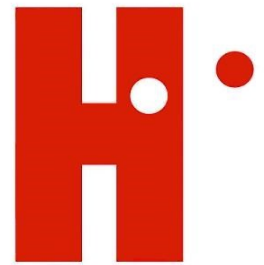


# Contact



**Newsletter of Haemophilia Foundation WA Inc.**

**February 2019**

## **Santa visited Outback Splash**



**HAEMOPHILIA FOUNDATION WA INC.**

City West Lotteries House, 2 Delhi Street, West Perth WA 6005  
P: 08 9420 7294 E: [office@hfw.org](mailto:office@hfw.org) W: [www.hfw.org](http://www.hfw.org)

## Inside This Issue

President's Report	3
World Haemophilia Day	3 & 6
HFWA Christmas Party	4 & 5
Young Parent/Family Morning Tea Invite	7
PROBE Study update	8
Arved Wasser Funding Report	9
Women's & Men's Breakfast	10
Female Factors—Resource	11
Telling Others—Resource	12
Arved Wasser Fund Application	13 & 14
Fundraising	15-16
Quiz Night "Save the Date"	17
Light it up Red Colouring sheet	18
Kids Corner	19
What's On	20

## Your Committee

Gavin Finkelstein (President)	0415 978 031
Cheryl Ellis (Vice President)	0402 033 652
Robert Butler (Treasurer)	9381 3386
Shane Meotti (Secretary)	
Susie Couper	
Dale Spencer	

Profiles of committee members can be found on the website, [www.hfwa.org](http://www.hfwa.org) 'Your Committee'.

**HFWA Office Coordinator**  
**Haemophilia Foundation WA Office**  
**Ph: (08) 9420 7294**  
**Email address: [office@hfwa.org](mailto:office@hfwa.org)**

## Cover picture

***Santa with a very happy little member***

## PERTH'S CHILDREN'S HOSPITAL CONTACT DETAILS

Clinic H, Level 1 (Haematology/Oncology Outpatients Clinic) : **Ph: 6456 0170**

Medical Staff: **Dr Tina Carter Ph: 6456 0170**

Nursing Staff: **Natalie Gamble-Williams and Stacey Hutchison (Monday - Thursday, 8:00am—4:30pm) Ph: 6456 0170 or 0466 318 286**

After Hours (**EMERGENCIES ONLY**) Ph: **0410 717 816**

Social Worker: **Charlotte Bradley-Peni (Monday to Thursday, 8:00 AM - 4:30 PM, adults and paediatrics, contact for appointment) Ph: 6152 6527**

ABDR Data Manager and Clinical Trial Coordinator: **Marina Goruppi**



## FIONA STANLEY HOSPITAL CONTACT DETAILS

Clerk Front Desk: **08 6152 6542**

Medical Staff: **Dr Stephanie P'ng and Dr Dominic Pepperell**

Nursing Staff: **Sandra Lochore, Lara Olson**

Social Worker: **Charlotte Bradley-Peni (Monday to Thursday, 8:00 AM - 4:30 PM, adults and paediatrics, contact for appointment) Ph: 6152 6527**

ABDR Data Manager and Clinical Trial Coordinator: **Marina Goruppi**



Entrance to the Cancer Centre is on the outside of the building  
 Haemophilia and Haemostasis Centre  
 Level 1 Cancer Centre  
 Fiona Stanley Hospital  
 102-118 Murdoch Drive  
 Murdoch WA 6150

Postal Address (address all correspondence as Private and Confidential);  
 Haemophilia and Haemostasis Centre  
 Level 1 Cancer Centre  
 Fiona Stanley Hospital  
 Locked Bag 100, Palmyra DC WA 6961

Opinions expressed in Contact do not necessarily reflect those of the Foundation. All information is published in good faith but no responsibility can be accepted for inaccuracies that may result from events beyond our control. HFWA reserves the right to edit articles as it sees necessary. Material supplied on the internet is for information purposes only and is not to be used for diagnosis or treatment.

## President's Report



Hi Folks

I hope everyone had a good festive season and a relaxing new year.

Things are ramping up here at HFWA for 2019, we have already held a Men's and a Women's Breakfast in the blistering heat (40 degrees), which I guess is to be expected in January in Perth.

If you are a parent of a young child with a bleeding disorder and would like to meet like minded people be sure to attend the Young Parent/Family Morning tea at McDonalds in South Perth on Wednesday 20 March, See page seven for further details.

This year the 19th Australian Conference on haemophilia, vWD and rare bleeding disorders will be held at Novotel Manly, Sydney on 10-12 October. There will be more information about the conference in the coming months.

Sadly we said goodbye to Kelly last year and Mel (who previously worked in the office a few years ago), has come back a couple of days a week to fill-in. Mel works for another organisation on a roster basis, so her days in the office will vary. Please be aware that the office@hfwa.org email will be monitored in between for any urgent issues and Mel will get back to you with regard to all non-urgent matters when she is in. I can always be contacted on 0415 978 031 for any urgent matters.

I would like to thank Kelly for the great work she did while with us and wish her well for the future.

In December the National Blood Authority announced that they will include Extended Half-Life (EHL) factor VIII and factor IX products, treatments for haemophilia A and B, in the national tender for clotting factors and related products.

For more information about this decision and the tender, see the news item on the NBA website:  
<https://www.blood.gov.au/extended-half-life-clotting-factor-products-included-national-blood-arrangements>

Membership renewals fall due on June 30 every year. To find out if you are currently a financial member, please contact the office on 9420 7294 or email: office@hfawa.org.

### Be part of HFWA

As a member, you become part of the HFWA and HFA community.

We invest our funds back into our members and the HFWA community.

### Benefits

You are entitled to receive our quarterly newsletter, peer support activities, access to our library resources, subsidized Medic Alert emblems and shoe subsidies.

### Creating a better community

By being a member, you support the work we do towards a better quality of life for people with a bleeding disorder and provide support for their families.

Gavin Finkelstein  
President



**Wednesday 17 April 2019 will mark World Haemophilia Day!**

**Light it up Red!**

Perth Bell Tower will once again be lit up Red to commemorate World Haemophilia Day. To celebrate, post photos on the HFA Facebook page of you and your friends at the landmark.



## HFWA 2018 Christmas Party

On Sunday 2 December 2018, we went to Outback Splash and the Maze in Bullsbrook for the HFWA Christmas party.

We had a good turnout of community members; some of whom we only get to catch up with annually at the Christmas parties. It's always great to see everyone, chat about the year's happenings and see how much the kids have grown! We also had a new family come to the party to meet other community members. Hopefully they had a great time and gained some insight on how other families live with haemophilia.

Santa turned up on a golf cart with a bale of hay to sit on and loads of presents for the kids, then the kids had Zooper Doopers followed by more swimming, getting lost in the Maze, looking at Koalas and bouncing on the giant jumping pillow.

Thanks to all who attended, and especially thanks to Melanie, Sharri & Toyworld Midland.

Cheryl Ellis





## HFWA 2018 Christmas Party



## Light your Home up Red Competition



**Wednesday 17 April 2019**

Every year on April 17, World Hemophilia Day is marked around the world in order to increase awareness of haemophilia and other inherited bleeding disorders.

World Hemophilia Day was started in 1989 and the World Federation of Hemophilia (WFH) chose April 17 in honour of WFH founder Frank Schnabel, who was born on that day.

The World Federation of Hemophilia (WFH) was established in 1963 by Frank Schnabel, a Montreal businessman born with severe hemophilia A. His vision, as he stated, was to improve treatment and care for “the hundreds of thousands of haemophiliacs” worldwide through a new international organisation.

Working with leaders from a group of national patient associations, Schnabel convened a global meeting in Copenhagen, Denmark, on June 25, 1963. There were representatives from 12 countries: Argentina, Australia, Belgium, Canada, Denmark, France, Germany, Japan, the Netherlands, Sweden, the United Kingdom, and the United States.

*Hemophilia World*, April 2013

This year landmarks around Australia will “Light it up Red” to commemorate World Hemophilia Day and we are running a “Light your Home Red” competition.

Entries are now open with members encouraged to join in raising awareness of World Hemophilia Day. First prize is a gift pack comprised of: 2 x shopping bags, red wine, gift card, nail polish and chocolates.

To apply, email us your name, a contact phone number and email address to [office@hfw.org](mailto:office@hfw.org).

Entries close 4pm 10 April 2019.

“Light your Home Red” on the night of 17 April 2019, take a photo and submit your photo to [office@hfw.org](mailto:office@hfw.org).

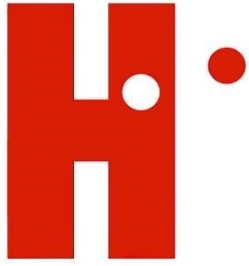
Judging will take place by HFWA Committee Members on Tuesday 23 April 2019.

The winner will be announced on the HFWA website and in the April edition of the Contact Newsletter.

### Competition Terms & Conditions

1. Only members of HFWA aged 18 years of age and older are eligible for the competition.
2. The winning household will receive a gift pack.
3. Judging will take place on Tuesday 23 April 2019. by HFWA Committee Members.
4. The Judge’s decision is final and no correspondence will be entered into.
5. HFWA reserves the right to disqualify any entry that contain(s) images deemed to be offensive or inappropriate.
6. The prize is not redeemable for cash.
7. All photos become the property of HFWA and will be published on the HFWA website and the Contact Newsletter and may be used in future promotional material.
8. By entering into the competition, the participant is deemed to have accepted these terms and conditions.





# HFWA

## Young Parent/Family Morning Tea

Come and join us for a catch up!

Meet old and new friends and enjoy a coffee while the kids play.



Date: Wednesday 20 March 2019



Where: McDonalds South Perth  
(cnr Berwick St and Canning Highway)

Time: 10am

RSVP: by Wednesday 13 March to [office@hfwa.org](mailto:office@hfwa.org) or  
9420 7294

Any queries please call  
Cheryl On 0402 033 652  
Look Forward to seeing you all there!

## PROBE Study update from HFA



Some of you have helped to test the print and online survey for the PROBE (Patient Reported Outcomes Burdens and Experiences) study. This is a multi-national study on the impact of living with a bleeding disorder, treatment outcomes and quality of life. HFA has joined other haemophilia organisations around the world to participate in this study and build a collection of robust patient-reported data – crucial to help HFA understand current issues for our community, and to quantify and represent these issues to governments or treatment and service funding bodies in a credible way.

### PHASE 2 RESULTS

21 countries participated in phase 2 of the PROBE study in 2016-17. This tested:

- Whether the survey questions would capture consistent responses if they were repeated twice in the same community (e.g. Australia)
- The stability of the online survey

Australia contributed a total of 103 survey participants.

People with haemophilia/carry the gene – 51 (required = 50)

People without a bleeding disorder (controls) – 52 (required = 50)

An important learning from this phase was that larger numbers of survey participants will be needed at a country level to provide meaningful data. Participants were grouped as controls and into haemophilia severity, e.g. mild/moderate/severe. When comparing the different groups of participants, the sample sizes were found to be too small for stable results at a country level, but could be demonstrated at a regional level – for Australia, this was the Western Pacific Region, including Japan, Vietnam, Australia and New Zealand.

The results validating the PROBE study at a regional level are available on the PROBE study website – [www.probestudy.org](http://www.probestudy.org). Feedback about the online survey has been used to fix bugs and make enhancements for the phase 3 version. The international team set up a simple and user-friendly dashboard to display the country and region data for the participating national haemophilia organisations. Testing the dashboard and providing feedback was an exciting time for us as we realised the great potential of this data for HFA – both to understand the issues for our community and represent them to funding bodies and decision-makers. This questionnaire is about haemophilia, but a survey on VWD is also planned for the future.

### NEXT STEPS

Phase 3 is planned to begin at the end of 2018. It is the final 'real world' stage of implementing the haemophilia survey around the world – where we invite the wider Australian bleeding disorders community to complete the questionnaire. This will be Australia's opportunity to collect current data about the experience of our community. As you can see, it will be important to gather as many survey responses as possible. Surveys will be available in print and online. Stay tuned for more information!

Our thanks to Dr Liz Bishop, Michael Kirby Centre for Public Health and Human Rights, Monash University who continues to provide oversight of the ethical process.

For more information about the PROBE study in Australia, visit the PROBE section on the HFA website - <https://www.haemophilia.org.au/research/probe-study>.

Or contact Suzanne O'Callaghan at HFA:

E: [socallaghan@haemophilia.org.au](mailto:socallaghan@haemophilia.org.au) T: 1800 807 173



## Arved Wasser Funding Report - Karen Doyle

I would like to thank the HFWA Committee for granting me the Arved Wasser Funding, which made it possible for me to take part in the 2018 National Taekwondo Championships in Bendigo.

I have been doing Taekwondo for the past fourteen years. My daughter started and I spent a lot of time sitting in the waiting room, my journey began as a fitness mum then progressed onto Taekwondo. I started doing Freestyle Taekwondo which is a physically challenging style of Martial Arts (Korean Kickboxing), where I achieved the Rank of third Dan. After four years of training in Martial Arts I started training in Traditional Taekwondo, I am currently ranked third Dan and will be promoted to the Master Rank of fourth Dan in December. In my years of training I have had some very severe joint and muscle bleeds due to the nature of the sport, requiring many transfusions, but overall, I have developed muscle strength and flexibility that helps with my overall joint health.

I have also been teaching Taekwondo for the last twelve years; our classes are available for three to six-year olds and seven-year olds to adults. I also have classes that are specifically for students with Special Needs (five to twenty-one years).

I am part of the Competitive Poomsae Team (Patterns) and have competed at a club, state and national level. I also compete in Competitions to qualify for International competitions, finishing fifth in the Selections for Oceanias held in Fiji in 2016.

I am currently second in the State and National Champion. One of my students is an International Para Athlete.

Recently I was in Bendigo, where the Australian National Championships were held. I achieved National Champion in Individual Poomsae and Bronze in Family Pairs Poomsae.

Bendigo is a thriving Community with many large Hospitals that stock fviir, which is why I chose not to take the product with me. Travelling causes discomfort in my joints and immobility and swelling for some time.

I enjoy doing the technical side of Taekwondo, but as part of our Grading Syllabus we are required to spar, and sometimes when the syllabus requires we break boards.

Karen Doyle



### *Please Apply:*

If you have an educational, recreational, work or study related activity you would like to pursue, please look for the Arved Wasser Memorial Fund information and Application Forms on page 13-14 of this newsletter.

## Women's Breakfast Report

On Sunday 20 January 2019, I joined nine other lovely ladies for the Women's Breakfast at Straits Café at the Rendezvous Hotel in Scarborough. It was a very hot day with great views of the ocean and all the activity on the Scarborough foreshore.



These breakfasts are valuable to women with inherited bleeding disorders as they are a source of support and a forum to raise concerns about their and their families bleeding disorders. Many topics are discussed, not only about bleeding disorders, but other topics that concern women in today's busy society and of course it is nice to catch up with friends and talk about what we have been up to since we last saw each other.

We discussed things, such as services provided by the Treatment Centres; access to Social Worker; menorrhagia; family planning; transition; upcoming fundraising events; upcoming conferences and World Congress and new resources.

The women's breakfasts are held throughout the year and we are always happy to welcome new members along, so keep an eye out in future newsletters for the invitations to these and other events.

Beryl Kerr



## Men's Breakfast Report

The first Men's Breakfast for 2019 was held on Sunday 20 January at the Waterwall Restaurant in Como. It was a very hot day so thankfully we arrived early and the restaurant was air-conditioned. Despite the weather we had a reasonable turnout and a mix of regular and new faces.



These breakfasts are an important part of the HFWA Peer Support program for men and they enable guys from different age groups with bleeding disorders to meet with their peers in an informal environment. The topics discussed are usually many and varied and centre around their lives and the impacts of their bleeding disorders and related issues. The breakfasts provide an excellent opportunity to ask questions and share knowledge and experiences in a positive way.

We also have a few fathers of kids with bleeding disorders attend which provides them with a safe environment to ask questions and share their own experiences as well.

The breakfasts are held regularly so if you are interested in coming along please let myself or Mel in the Office know.

Gavin

## Female Factors—new young women's resource

HFA has released **Female Factors**, an innovative new resource for young women and teenage girls.

This was developed to answer the questions of young Australian women about how bleeding disorders affect females – but in a magazine style that is fresh and engaging. There are personal stories, quotes and tips.

HFA worked with haemophilia and gynaecology experts, who put together easy-to-read information for young women.



The booklet has explanations about heavy periods and other bleeding symptoms in females, covering all bleeding disorders. It answers FAQs - such as what's 'normal' and what's not normal, or why girls with haemophilia have different bleeding patterns to their father or brothers - and gives frank but reassuring answers to some of the questions young women worry about.

### HOW TO ACCESS IT

**Female Factors** is available in multiple formats

- On the HFA website [www.haemophilia.org.au](http://www.haemophilia.org.au) under PUBLICATIONS
- On Factored In [www.factoredin.org.au](http://www.factoredin.org.au) under INFO > GIRLS
- You can read the entire booklet online as a magazine in ISSUU, download it, or download specific sections
- Print copies are also available from HFA, local Foundations and your Haemophilia Treatment Centre.

Many people were involved in developing **Female Factors**. Both young women and their parents and health professional experts suggested what topics to cover, reviewed it thoroughly and wrote new content or gave personal experience to answer questions.

**Special thanks** go to the young Australian women affected by bleeding disorders who contributed their personal stories and tips and focus-tested the design!

### FOR MORE INFORMATION

To find out more about Female Factors or order copies, contact HFA:

E: [hfaust@haemophilia.org.au](mailto:hfaust@haemophilia.org.au)  
T: 1800 807 173.

**If you would like a copy of these publications, please email the HFWA office on [office@hfw.org](mailto:office@hfw.org) and we will send them to you.**





## New resource—Telling Others

How do you tell a new partner about your bleeding disorder? Or your daughter that she may have a bleeding disorder or carry the gene? When are you required to tell someone about your bleeding disorder?

**Telling others about bleeding disorders: information for women, girls and their parents** is the latest resource in HFA's The Female Factors project.



- Visit the HFWA website under PUBLICATIONS > WOMEN WITH BLEEDING DISORDERS to view it online or download it.
- Contact HFA, HFWA or your Haemophilia Treatment Centre for print copies.

**Telling others** includes:

- The pros and cons of telling others
- The range of situations where you might disclose
- Talking to your daughter about her bleeding disorder
- How to prepare to disclose
- When you are required to disclose
- Personal stories and tips from other Australian women and parents

### DISCLOSURE AND THE LAW

HFA has also developed information about disclosure and the law for both women and men in consultation with legal experts. This is available on the HFWA website under ABOUT BLEEDING DISORDERS > DISCLOSURE.



### KEY POINTS

By law you don't usually have to tell anyone about having a bleeding disorder or carrying the gene.

There are a few situations where you will be required to give this information if asked. These include:

- Applying to join the Australian Defence Force or police force
- Applying for insurance such as Life and Income Protection Insurance
- Applying for superannuation
- Applying for private health insurance
- Applying for travel insurance
- Traveling – you may be asked questions relating to your bleeding disorder by customs and security officers or other government officials

Applying for or continuing a job where your condition is likely to have a fundamental impact on your ability to do your work or may pose a risk to occupational health and safety.

Thanks to the many people who contributed to the development of **Telling Others**: Marg Sutherland, health educator, who wrote it; the women, parents, health professionals and legal experts who reviewed it; and the women and parents who very generously shared their experiences and tips in personal stories and quotes.

## Arved Wasser Memorial Fund

### INFORMATION AND APPLICATION FORM

*HFWA invites applications for the Arved Wasser Memorial Fund for the 2019/2020 financial year. If you would like to apply to the fund please complete the Standard Form of Application, and return to HFWA no later than Friday 31 May 2019.*

*The Fund was established to give people with a bleeding disorder access to limited financial assistance, should they wish to pursue any educational, recreational, or work related study or activity. Conditions are explained in the guidelines. Criteria for eligibility may loosely be described as any means of "self-betterment".*

#### Guidelines

1. a) For such time as the fund remains sustainable, a nominated sum (e.g. \$1,000) shall be made available each financial year. This amount may be reached by way of a single grant, or several smaller grants.
- b) These grants will consist of a nominated sum from the Arved Wasser Memorial Fund, and an amount being equal to this sum, (i.e. 50% of total) coming from HFWA general funds.
- c) Monies to be available for these grants, and any conditions hereto, shall be decided at the sole discretion of HFWA committee.
2. The recipient of any grant from this fund must reside in Western Australia, and have a bleeding disorder. Family members (including carriers) are not eligible.
3. a) Members will be invited to make application, (e.g. notice in newsletter) however; financial membership of HFWA shall not be a pre-requisite for any applicant.
- b) HFWA shall define a period of time in which applications should be lodged each year. At the conclusion of this period, fair and equal consideration will be given to all applications. If none are received, or approved within the allotted time, applications may be lodged any time until the end of the current financial year.
- c) If, in any financial year that the fund is operating, no grants are approved, or the total of those approved is less than the sum nominated by the HFWA committee, such monies shall remain in the fund to be "rolled over" into the following financial year. They shall not be available for any other purpose, unless so designated by HFWA committee.
4. Applications should be made by the person concerned or in the case of a minor, by a parent or legal guardian.
5. The sitting committee of HFWA shall consider each application according to individual circumstances. A decision on any application (s) shall be at the discretion of said committee. Any such decision will be final.
6. These grants are not intended to subsidise regular primary or secondary school fees, with regard to "every day" school curriculum. Additional tuition or courses, or skill building activities (e.g. photography, music or scuba diving) may qualify.
7. There shall be no restriction on how the grants may be used, with regard to further education, such as TAFE or university courses.
8. These grants are not intended for medical treatments or procedures.
9. These grants may be given for sporting or recreational activities. There shall be no restriction on how the grants may be used. However, preference will be given to an applicant seeking assistance (e.g. travel or equipment subsidy), in order to attend a special event such as a major championship, training facility, seminar or meeting, in relation to their chosen sport or activity.
10. Wherever and whenever possible, monies from these grants shall be paid directly to the "third party" involved (i.e. the person or body providing the goods or services being considered). Unless presented with exceptional circumstances, monies will not be paid to applicants.

## Arved Wasser Memorial Fund

### STANDARD FORM OF APPLICATION\*

- \* To be completed by the applicant (or parent / legal guardian if under 18 years of age) and returned to, HFWA City West Lotteries House, 2 Delhi Street, West Perth WA 6005.
- \* Please read grant guidelines carefully before completing.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Age: \_\_\_\_\_

Telephone: \_\_\_\_\_

Amount Requested: \$ \_\_\_\_\_

\*\*(Please give a brief explanation of how this money will be used).

If insufficient space, please attach a separate sheet.

- I make this application in good faith, having read and understood the guidelines pertaining to such.
- I shall accept and abide by any decision made by the Haemophilia Foundation Western Australia Inc. Management Committee, relating to this application.

Signature of Applicant (or parent/legal guardian if under 18 years of age).

\_\_\_\_\_  
Applicant/Parent/Legal Guardian

\_\_\_\_\_  
Date



HFWA are selling quality shopping bags to support our state programs.

To order your bags and arrange collection  
email: [office@hfw.org.au](mailto:office@hfw.org.au) or  
call: 9420 7294.



**Jute Large Shopping Bag**  
42cm W x 33cm H



**\$6.50**

**Red Shopping Bag**  
33cm W x 35cm H



**\$3.00**

I would like to order \_\_\_\_\_ Jute large bags

I would like to order \_\_\_\_\_ Red bags

**Total \$** \_\_\_\_\_ (postage can be arranged at extra cost).

Please complete credit card details below or deposit the total with your Surname as your reference to:  
Acct Name: **The Haemophilia Foundation of WA Inc.** BSB: **086 488** Acct No: **03 523 3031**

**PLEASE NOTE THAT CREDIT CARD DETAILS WILL NOT BE RETAINED AFTER PROCESSING**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

Card Type:

☐ Visa ☐ MasterCard ☐ AMEX ☐ Diners

Card Number:

--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Expiry Date:

		/			CVV:	
--	--	---	--	--	------	--

Name on Card:


# HFWA NAIL POLISH GIFT PACKS

In Stock Now

Three bottle gift packs available.  
Looking for that personalised gift with a real message for family  
and friends? Look no further!

## Gift Packs

Gift packs contain Helen's Melons (red) and two colours of your choice.



**\$40.00  
Per Pack**

## Assorted Colours

Helen's Melons, Emerald Green, Rose Gold, Silver and White.



**\$20.00  
Each**

I would like to order \_\_\_\_\_ Gift Packs with the following colours:

\_\_\_\_\_

I would like to order \_\_\_\_\_ Bottles of the following colours:

\_\_\_\_\_

**Total \$** \_\_\_\_\_ (postage can be arranged at extra cost.)

Please deposit the total with your Surname and "Polish" as your reference to:

Acct Name: **The Haemophilia Foundation of WA Inc.**

BSB: **086 488**

Acct No: **03 523 3031**

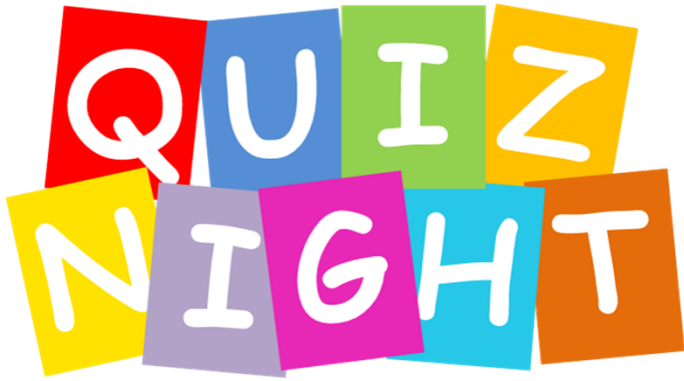
Phone the office: 08 94207294 to pay by credit card

Name: \_\_\_\_\_

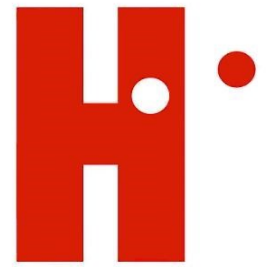
Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

**HURRY STOCK IS LIMITED!**



Haemophilia  
Foundation  
WA  
Fundraiser



## The Famous Haemophilia Quiz Night Returns in 2019

After a four-year hiatus the HFWA Quiz Night is returning. Those who came to our Quiz Nights in 2012 and 2015 will know that HFWA turns on a night full of fun and great prizes. Our Quiz Night sub-committee has begun to put this year's event together and we are aiming for a date in mid-November so please watch this space in the next newsletter and in the HFWA eNews for more details.

Our Quiz Nights are critically important to our fundraising efforts and this year's event will be no exception. The ever popular HFWA Community Camp will be held again early next year which is a major undertaking for the Foundation. Then later in the year the WFH 2020 World Congress is being hosted in Malaysia. Having a World Congress so close will be a great opportunity for us West Aussies to attend and, as with the 2014 World Congress in Melbourne, HFWA will be aiming to assist as many of our members to attend as possible.

As we get closer to November we will also be looking for volunteers to help and for donations of prizes.

**Venue to be Confirmed**

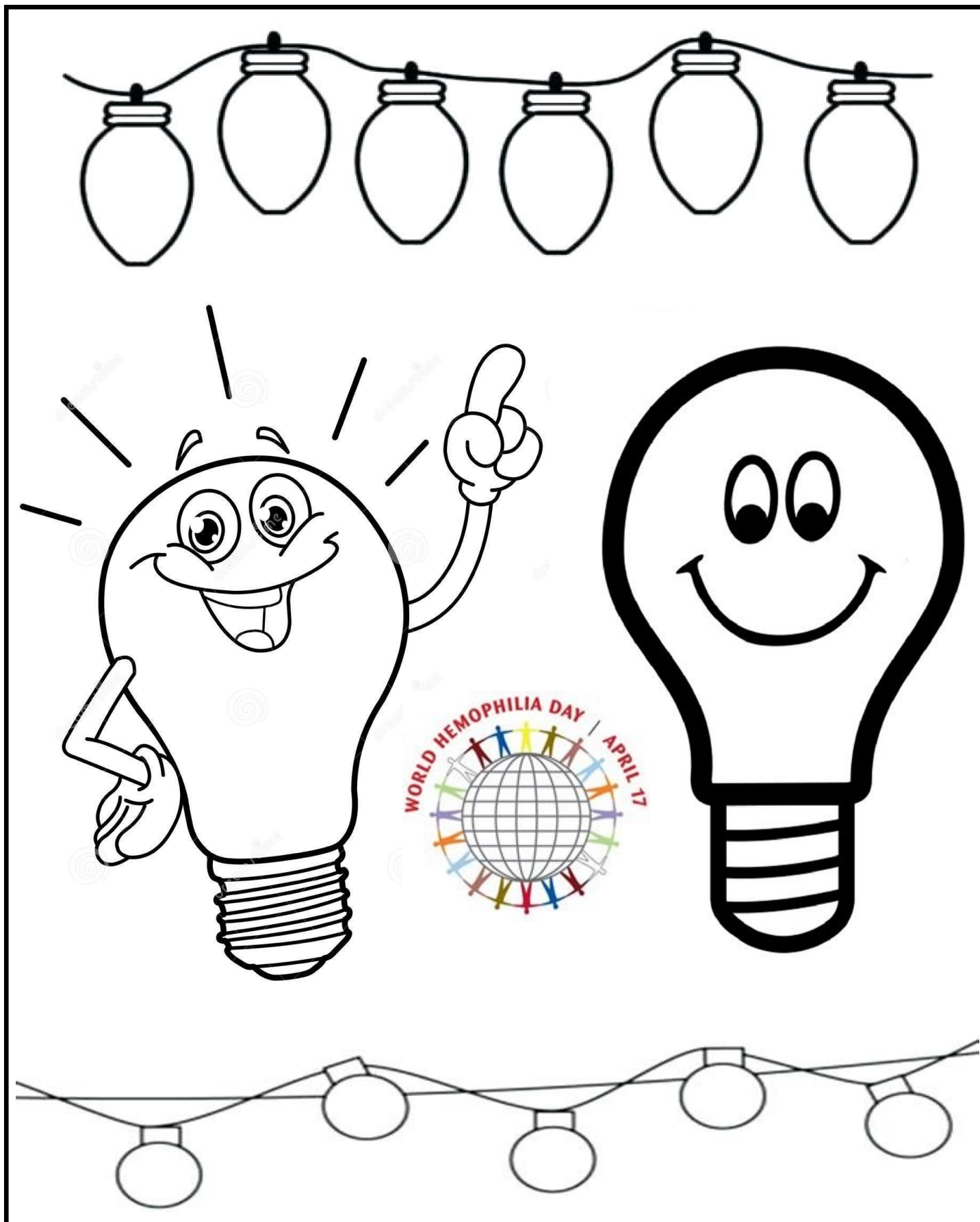
***More info to come***

*(Booking forms available August)*





## Light it up Red Colouring Sheet

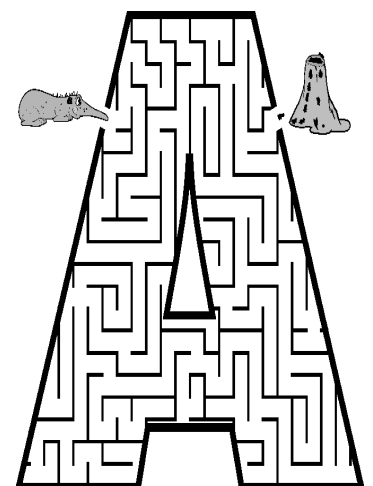
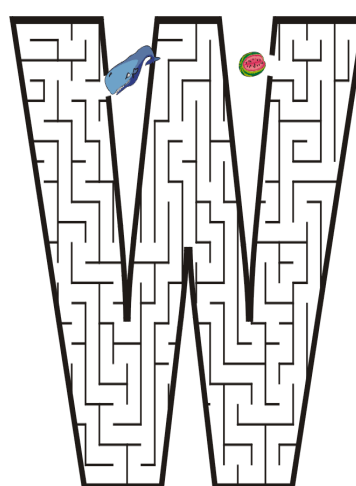
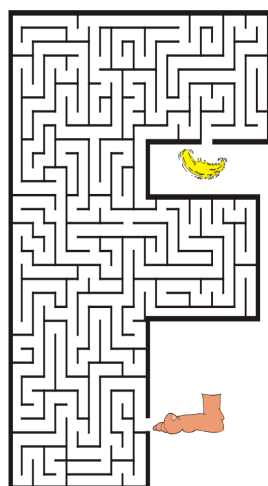
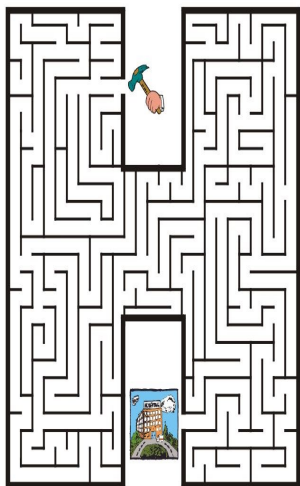


## Kids Corner Word Search & Maze

### Science of Light



RAINBOW  
 AUSTRALIS  
 SPECTRUM  
 PRISM  
 OBJECT  
 LIGHT  
 VISIBLE  
 REFRACTION  
 REFLECTION  
 SHADOW  
 AURORA  
 RAYS  
 EYE  
 NATURAL  
 SURFACE  
 OPAQUE  
 STARS  
 POLLUTION  
 BEAM  
 EXIT



---

2019

---

**WHAT'S  
ON?**



---

**Wednesday, 20 March 2019 - Young Parent/Family Meeting**  
**McDonalds South Perth**  
**See invitation on page 6**

**Sunday, 14 April 2019- Women's Breakfast**  
**Details released soon**

**Sunday, 14 April 2019 - Men's Breakfast**  
**Details released soon**

**Wednesday, 17 April 2019 - World Haemophilia Day**  
**See details on page 3 and competition on page 6**

---

**Save the date**

---

**April 2019 - Entertainment Books Fundraiser**

**10 - 12 October 2019 - 19th Australian and New Zealand  
Conference on Haemophilia and Rare Bleeding Disorders**

**13-19 October 2019 - Bleeding Disorders Awareness Week**

**Saturday 19 October 2019 - Bunning Sausage Sizzle**

**Saturday Mid November 2019 - HFWA Quiz Night**