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HFA GETTING OLDER INFO HUB

WANT TO KNOW MORE ABOUT EXERCISING WITH ARTHRITIS?

Check out the **HEALTH AND WELLBEING** section in the **Getting Older Info Hub** on the HFA website - www.haemophilia.org.au/getting-older.

Your go-to zone to find online information on getting older with a bleeding disorder!

Any feedback or ideas on more topics?
Contact Suzanne at HFA on socallaghan@haemophilia.org.au or phone 1800 807 173.