

# 2021 Conference - on demand

## Have you caught up on the 2021 Conference on demand?

With over 30 Australian and international speakers and a range of stimulating and informative sessions, there is so much for you to see. Don't miss out - it will be available on demand until April 2022.



## CONFERENCE PROGRAM 2021 - ON DEMAND SESSIONS

### FRIDAY 8 OCTOBER 2021

0855 **Official Conference Welcome and Acknowledgement of Country**  
Gavin Finkelstein, President, HFA and Dr Ritam Prasad, Conference Co-Chair

0900-1015 **Plenary 1 – The changing world of bleeding disorders**  
Chair: Dr Ritam Prasad

#### Short personal stories

#### Overview of the Australian experience - spectrum of changes in bleeding disorders over the years

~ Prof Huyen Tran, Director, The Ronald Sawers Haemophilia Treatment Centre, The Alfred Melbourne, VIC

#### Are we there yet? The innovative future of bleeding disorders treatment

~ Dr David Lillicrap, Professor, Department of Pathology and Molecular Medicine at Queen's University, Kingston, Canada

#### An overview of the impact of advances in treatment on quality of life and independence and on clinical practice.

~ Dr Liane Khoo, Haematologist, Director, Haemophilia Treatment Centre, Royal Prince Alfred Hospital, Sydney NSW

#### Q&A

1045-1215 **Concurrent 1 - Managing bleeds under current new treatments**  
Chair: Jane Portnoy

#### The impact of new haemophilia treatments on people with haemophilia, parents and health professionals

~ Jane Portnoy, Social Worker, The Ronald Sawers Haemophilia Treatment Centre, The Alfred, Melbourne, Victoria

#### Patient experiences

~ Lenny, Leah, Bruce

**Concurrent 2 - VWD**

Chair: Susie Couper

#### VWD personal experience

~ Perry

#### VWD genetics, diagnosis and classification

~ Dr Simon McRae, Clinical and laboratory Consultant Haematologist, Launceston General Hospital, Tasmania

**Understanding bleeds under new treatments**

~ Dr Julie Curtin, Senior Staff Specialist and Head of Haematology/Blood Bank at The Children's Hospital at Westmead, Sydney NSW

**Panel discussion and Q&A**

**Physiotherapist** ~ Alison Morris, Senior Musculoskeletal Physiotherapist, Perth Children's Hospital, WA

**Nurses** ~ Joanna McCosker, Haemophilia Nurse Practitioner, Queensland Children's Hospital

And Beryl Zeissink, Clinical Nurse Consultant, Haemophilia Queensland Haemophilia Centre, Royal Brisbane & Women's Hospital

**VWD personal experience**

~ Simoni

**VWD treatment and future directions**

~ Dr Nathan Connell, Associate physician, Hematology Division Brigham and Women's Hospital, Assistant Professor of Medicine at Harvard Medical School, and Clinical Chief of Hematology at Brigham and Women's Faulkner Hospital

1325-1455

**Concurrent 3 - Sex, sexuality and intimacy**

Chair: Scott Russell

**Concurrent 4 - Women and girls**

Chair: Sharron Inglis

**Awkward conversations – Talking about sex and intimacy**

~ Simone Sheridan, Sexual Health Nurse Consultant – Austin Health

**WFH video – ASK ME ANYTHING – Can sex cause a bleed?**

**Q&A with panel of experts:**

**Haematologist** ~ A/Prof Chris Barnes, Director of the Henry Ekert Haemophilia Treatment Centre at the Royal Children's Hospital, Parkville, Victoria

**Sexual health nurse consultant with disability expertise** ~ Simone Sheridan Austin Health

**Social worker** ~ Alex Coombs, Social Worker, Ronald Sawers Haemophilia Centre, The Alfred, Melbourne, Victoria

**Physiotherapist** ~ Scott Russell, Physiotherapy, Royal Brisbane & Women's Hospital, Brisbane Queensland

**Haemophilia nurse** ~ Penny McCarthy, Haemophilia Clinical Nurse Consultant, Ronald Sawers Haemophilia Centre, The Alfred

**Introduction and personal story**

~ Sharron Inglis

**Understanding, recording and reporting bleeding symptoms in girls and women**

~ Joanna McCosker, Haemophilia Nurse Practitioner, Queensland Children's Hospital, Brisbane Queensland  
~ Jaime Chase, Haematology Clinical Nurse Specialist, John Hunter Children's Hospital

**New clinical approaches in managing women and girls with bleeding disorders across the lifespan**

~ Dr Mandy Davis, Clinical Haematology, Laboratory Haematology, The Alfred, Melbourne Victoria

**Gynaecological issues for women and girls with bleeding disorders**

~ Dr Angela Dunford, Obstetrician Gynaecologist, John Hunter and John Hunter Children's Hospitals Newcastle, NSW

**Sport and exercise for girls and women**

~ Hayley Coulson, Physiotherapist, Queensland Children's Hospital, Brisbane, Queensland

1800-1830

**Remembrance Service**

## SATURDAY 9 OCTOBER 2021

### 0900-1015 **Plenary 3 - Pain**

Chair: Dr Liane Khoo

#### **What's new in pain? Is it different now with new treatments?**

~ Dr Liane Khoo, Haematologist, Director, Haemophilia Treatment Centre, Royal Prince Alfred Hospital, Sydney, NSW

#### **Pain in haemophilia**

~ Mr Paul McLaughlin, Clinical Specialist Physiotherapist in Haemophilia, Katharine Dormandy Haemophilia Centre at Royal Free Hospital in London, United Kingdom

#### **A body and mind approach for pain management in people with bleeding disorders**

~ A/Prof Carolyn Arnold, Head of Pain Management, Alfred Health, Melbourne, Victoria

**Patient personal perspective on chronic pain** ~ Dylan interviewed by Diana Harte, psychologist

#### **Osteoarthritis, exercise and pain: the GLA:D® program.**

~ Dr Christian Barton, Associate Professor, Physiotherapy Dept, LaTrobe University, Melbourne

#### **Panel Q&A**

### 1045-1215 **Concurrent 5 - Making the most of your health virtually**

Chair: Suzanne O'Callaghan

#### **Embracing health care futures: Global trends in consumer health care innovation and where they're taking us**

~ Dr Zaana Howard, Customer Experience and Design Leader + Transformational Coach

#### **Future digital healthcare environment in Australia**

~ Bettina McMahon, Chief Executive Officer, Healthdirect Australia

#### **New experiences with diagnostics and programs in bleeding disorders – Australian case studies:**

**Telehealth and physiotherapy** ~ Scott Russell, Physiotherapist, Royal Brisbane & Women's Hospital, Brisbane QLD

**Telehealth and infusion training** ~ Erin Krake, Clinical Nurse Consultant, Henry Ekert Haemophilia Treatment Centre, Royal Children's Hospital, Parkville Victoria

#### **Panel discussion and Q&A**

**Nurses & data manager** ~ Janine Furmedge, Julia Ekert, Erin Krake

**Physiotherapist** ~ Helen Dixon

**Social worker** ~ Sharon Danilovic

**Patient** ~ Neil

### **Concurrent 6 – Exercise and resistance training**

Chair: Abi Polus

#### **Research into exercise for boys with haemophilia (DOLPHIN-II Trial)**

~ Dr David Stephensen, Physiotherapist, the Kent Haemophilia and Thrombosis Centre, and the Haemophilia Centre at the Royal London Hospital, United Kingdom

#### **Less is more - getting the most out of limited time in the gym**

~ Dr Mervyn Travers, Senior Research Scholar, School of Physiotherapy, The University of Notre Dame Australia, Perth, WA.

#### **Panel Q&A**

~ Merv Travers, Abi Polus and Tim

1325-1455 **Concurrent 7 - Youth – challenges, taboos**

Chair: Robyn Shoemark

**Growing up**

~ Dale's story

**Mother and Son journey through teenage years**

~ Heidi and Sam

- Resilience
  - How to deal with cyber bullying and communication
  - Looking after your mental health
- Monique Craft ~ Director Beautiful Minds

**Panel Q&A**

**Concurrent 8 - Getting older**

Chair: Jenny Lees

**Personal story** ~ Zev

**Clinical issues with ageing**

~ Prof Mike Makris, Professor of Haemostasis and Thrombosis at the University of Sheffield, United Kingdom

**Getting Older report – results and implementation**

~ Suzanne O'Callaghan, Policy Research and Education Manager, Haemophilia Foundation Australia, Melbourne, Victoria

**Panel Discussion**

**What are the issues and challenges ahead?**

**Facilitator** ~ Suzanne O'Callaghan

**Nurse** ~ Stephen Matthews

**Physiotherapist** ~ Frankie Mullen

**Psychosocial worker** ~ Kathryn Body

1535-1700 **Plenary 4 – Where to from here?**

Chair: Dr Ritam Prasad

**Haemophilia care in 2030**

~ Prof Mike Makris, Professor of Haemostasis and Thrombosis at the University of Sheffield, UK

**Where to from here?**

~ Dr David Stephenson, Physiotherapist, the Kent Haemophilia and Thrombosis Centre, and the Haemophilia Centre at the Royal London Hospital, UK

**My vision for treatment and care into the future:**

Young man with severe haemophilia ~ Alan

Parent of children with haemophilia ~ Claude

Woman with VWD ~ Shauna

**Bleeding disorders treatment and care into the future**

~ Dr Ritam Prasad Director, Haemophilia Treatment Centre, Newcastle NSW

**Where to from here? Achieving the vision**

~ Sharon Caris, Executive Director, Haemophilia Foundation Australia, Melbourne, Victoria

**Panel discussion/Q&A**

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