



Bleeding Disorders AWARENESS WEEK

10-16 OCTOBER 2021



Bleeding Disorders Awareness Week is an opportunity for individuals and families as well as Haemophilia Foundations and other organisations to take part in a campaign and activities to raise awareness about haemophilia, von Willebrand disease and related inherited bleeding disorders throughout Australia during the week of **10-16 October 2021**.

The theme of the week is **Embracing a Changing World** to follow on from our conference theme days before.

GO RED FOR BLEEDING DISORDERS

Looking for something to do during Bleeding Disorders Awareness Week either face-to-face or virtual? Host a red-themed event and **Go Red For Bleeding Disorders!**

Some quick ideas are:

- Host a red-themed morning tea
- Host a Red Cake Day
- Dress red for a cocktail night
- Host a red themed craft afternoon
- Wear red in support of the day.

More information and ideas will be on our website.



FUN ACTIVITIES

We have fun downloads on our website for you to take part in the week such as a colouring-in competition, trivia and a word find.

HFA has a limited supply of promotional items:

- **Red Cake Day Packs** for children, which include cake packet mix, cupcakes cases and some Red Cake Day toppers.
- Pens, pencils and stickers.

Check the HFA website for current updates, how to order and the free downloads and activities.

For downloads and information

visit www.haemophilia.org.au/bdaw

or contact **Natasha** on ncoco@haemophilia.org.au

or MB 0403 538 109



REDCLASSIC

Supporting the Bleeding Disorders Community

REGISTER TODAY

www.haemophilia.org.au/BDAWRC

For Bleeding Disorders Awareness Week we invite the community, family and friends to participate in the Red Classic.

Walk, run, get into your wheelchair, onto your scooter or get on your bike during the week, dress in red, and send in your km and your pics!

Stick within covid restrictions in your area

What do I need to do? Register at www.haemophilia.org.au/BDAWRC and all the information will be sent to you.

What is the date?

The classic will run from:

Sunday 10 October – Saturday 16 October 2021.

Can we do anything?

Yes, think outside the square – roller-skate, skateboard, cycle, horseride – anything that keeps you moving.

REGISTER TODAY!



EVERYONE HAS A STORY TO TELL

Would you like to share your story for Bleeding Disorders Awareness Week?

www.haemophilia.org.au/shareyourstory

DURING BLEEDING DISORDERS AWARENESS WEEK

Don't forget to follow us on our social media networks for links to virtual events and current up to date information:



Like HFA on Facebook



Like HFA on Instagram



Follow HFA @Haemophilia_Au