

# FACTORED IN

WWW.FACTOREDIN.ORG.AU

## NEW FACTORED IN

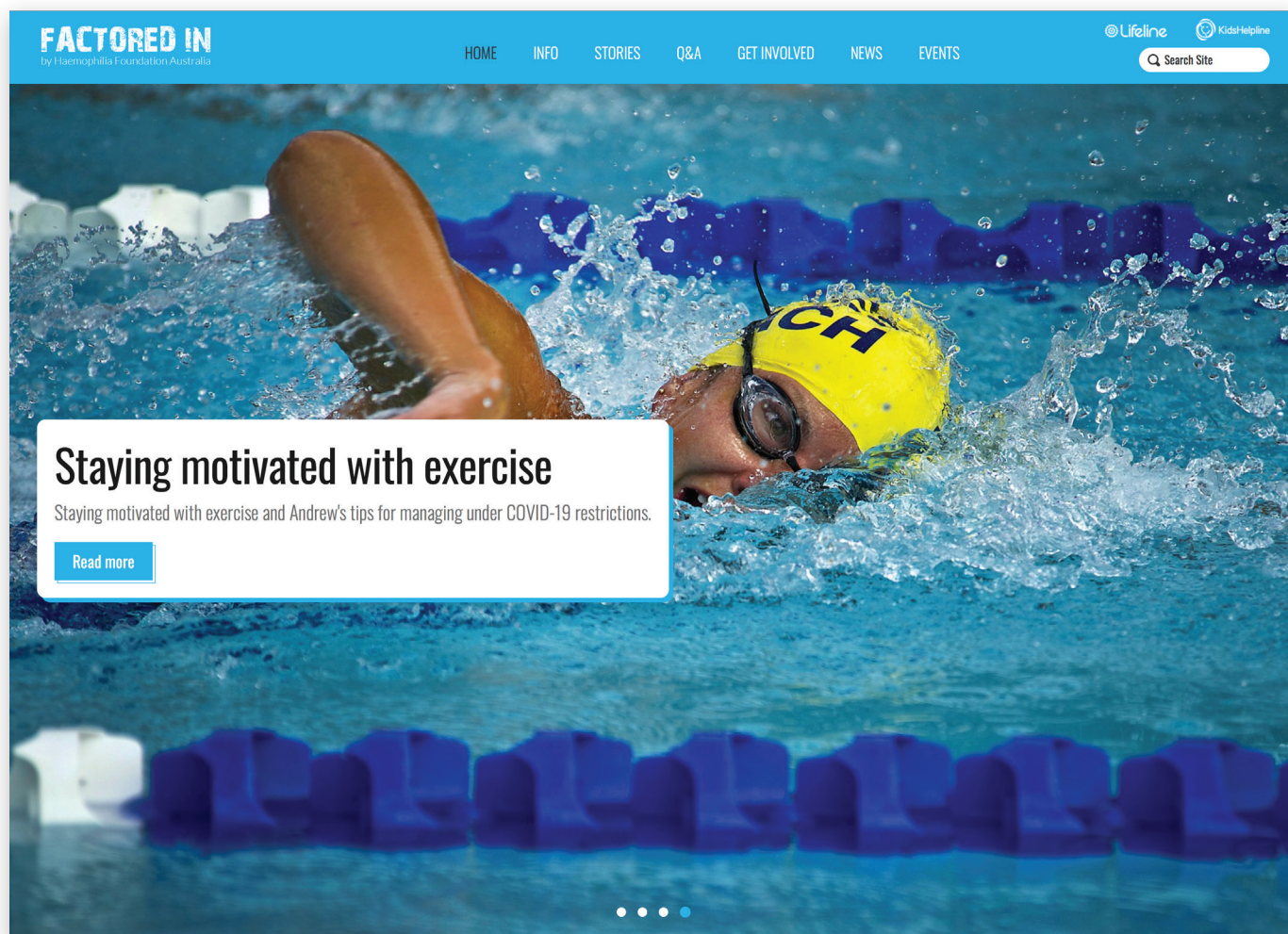
**Factored In** is an HFA website that was launched in 2012 for young people to blog and comment.

Fast forward to 2020 and, following community consultation with our young people, we have made some changes and given the site a refresh. The site is still for young people aged 13 to 30 with a bleeding disorder or a sibling or partner but it has been refocused as a key information hub.

Key highlights of the site are:

- **#Start browsing** tool on the home page – if you have a topic you want to read about, simply click on the tag. There are many more topics within the site
  - Read **personal stories** covering many topics.
- Whether you would like to share your story about your journey or something that is important to you – we would love to hear from you. For more info, email [factoredin@haemophilia.org.au](mailto:factoredin@haemophilia.org.au)
- **Ask a Question** – ask us anything and we will have it answered by an expert.

**Check out the new Factored In at** [www.factoredin.org.au](http://www.factoredin.org.au). 



**FACTORED IN**  
by Haemophilia Foundation Australia

HOME INFO STORIES Q&A GET INVOLVED NEWS EVENTS

@Lifeline Kids Helpline

Q Search Site

### Staying motivated with exercise

Staying motivated with exercise and Andrew's tips for managing under COVID-19 restrictions.

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