



Bleeding Disorders Awareness Month

OCTOBER 2023

Once again in October 2023 we will have a whole month to raise awareness about bleeding disorders.

Visit the Bleeding Disorders Awareness Month section at www.haemophilia.org.au/BDAM

The 2023 theme for Bleeding Disorders Awareness Month is **WORKING TOGETHER**.

Over the month we will highlight how **working together** is working as a community and with your health care team towards good health and wellbeing, including looking after your mental health.

We will also launch **Red Week** from 22 October to 28 October 2023 – where you get a chance to do everything red!!

We will launch our calendar at the end of September. To be advised about events, register for our E-news: www.haemophilia.org.au/enews or keep an eye on our website and social media platforms.

PROMOTIONAL ITEMS

Orders for promotional items are now open. These items are free of charge. Order them to use for your school, workplace or family/friend event. We have balloons, pens, notepads, colouring-in sheets, information posters and lots more.

Put your order in at:

www.haemophilia.org.au/BDAMorder

EVENTS AROUND AUSTRALIA

VIC - www.hfv.org.au

28 October - HFV Walk, Albert Park

NSW - www.hfnsw.org.au

29 October - HFNSW Walk, Haberfield

QLD - www.hfq.org.au

3 October - Thank you GP reception at Government House

7 October - Bunnings Sausage Sizzle, Rothwell

21 October - Memorial Plaque unveiling - Jeays Street Park, Bowen Hills

WA - www.hfwa.org

7 October – Bunnings Sausage Sizzle, Subiaco

HOW CAN YOU BE PART OF THE WEEK?

- Order promotional items for your event, information stalls and your child's school/childcare
- Run a fundraising event
- Host a Red event, e.g. Red Cake Day, Red Dress up Day
- Share information on your social networks
- Children and their friends can take part in the colouring-in competition or a Scavenger Hunt
- Take part in HFA and Foundation activities (Calendar coming soon)

For more information

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